

# Travel Emergency Checklist

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*Emergencies occur even with careful planning. If one happens during your trip, do these things:*

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- | Keep a cool head; don't panic. Your life, and your family's lives may depend on it.

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- | Establish your best plan of action and stick with it.

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- | Focus on survival needs first.

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- | Get to a safe location.

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- | Find bottled water, food and shelter. Keep extra water for those traveling with you if possible.

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- | Get medical attention, or attend to injuries if applicable.

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- | If you have special needs, communicate them to those who can help.

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- | Use your contact list to connect your friends or loved ones. Continue calling until you speak with a live person. Use email, text, or social media.

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- | Stay alert to weather changes.

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- | If your wallet is lost or stolen, notify your bank, and the proper credit card companies of the theft. Report stolen traveler's checks to the issuing financial institution.